

**EUROPEAN  
CURRICULUM VITAE  
FORMAT**



**PERSONAL INFORMATION**

Name **DE NOBILI, EMANUELE**  
Address FOSCOLO STREET, 7 39012 MERANO (BZ) ITALY  
Telephone +39 3463772985  
  
E-mail emanuele.denobili@gmail.com  
  
Nationality Italian  
Date of birth 29/11/1969

**WORK EXPERIENCE**

**Villa Eden Leading Medical SPA**  
Merano (BZ), Italy  
**Head of Medical Team**  
12/2011 up to date

Consultant on Anti Aging Medicine and Nutrition in patients following detox and dietotherapy protocols. Therapist on Ozone Therapy as MAHT/GAET (Major Auto hemo-therapy) an more, medical aesthetic procedures (filler, biorevitalisation, skin-face check-up) and pain-therapy (mesotherapy and ozone-therapy) Consultant in patients attending spa therapies such as inhalation, mud-therapy, bath-therapy and physiotherapy. Expert on food supplements intake and Alkaline Ionized Water. Nutrigenetics and gut microbioma expert

Levico Terme (TN)- Italy  
Thermal Medical Center and  
Grand Hotel Imperial Medical Resort  
**Head of Medical Team**  
01/2010-12/2011

Consultant on Anti Aging Medicine, Nutrition in patients following detox and dietotherapy protocols. Consultant in patients attending spa therapies such as inhalation, mud-therapy, bath-therapy and physiotherapy.

Arta Terme (UD)- Italy  
Thermal Medical Center  
**Head of Medical Team** and ENT  
doctor  
01/2000-12/2009

Consultant on Anti Aging Medicine, Nutrition in patients following detox and dietotherapy protocols. Consultant in patients attending spa therapies such as inhalation, mud-therapy, bath-therapy and physiotherapy

Polimedica - Pradamano (UD)- Italy  
Medical Center  
**Head of medical Team** and ENT,  
Anti-aging and aesthetic consultant  
01/2000-12/2009

Consultant on Anti Aging Medicine, Nutrition in patients following detox and dietotherapy protocols. Consultant in patients attending ENT disorders. Laser therapies and medical aesthetic procedures (filler, biorevitalisation)

New Coram - Udine- Italy  
Medical Center  
ENT, Anti-aging and aesthetic  
consultant  
01/2000-12/2009

Consultant on Anti Aging Medicine, Nutrition in patients following detox and dietotherapy protocols. Consultant in patients attending ENT disorders. Laser therapies and medical aesthetic procedures (filler, biorevitalisation)

CORE – Buja (UD)- Italy  
Medical Center  
ENT, Anti-aging and aesthetic  
consultant  
01/2003-12/2009

Consultant on Anti Aging Medicine, Nutrition in patients following detox and dietotherapy protocols. Consultant in patients attending ENT disorders. Laser therapies and medical aesthetic procedures (filler, biorevitalisation)

1997-2008

Various experiences in Thermal Resort in Italy (Riccione Thermal Spa, Montepulciano Thermal spa, Castrocaro Thermal spa, Saturnia Thermal spa, Ischia thermal spa, San Casciano dei Bagni Thermal spa, ecc)

## EDUCATION AND TRAINING

Maxillo Facial Surgery Institute  
University of Udine  
1995/1996

Internship and tutoring and teaching activities at the faculty of medicine in cooperation with the Specialty School in Maxillo-Facial Surgery of University of Udine

25/07/1996

**Degree in Medicine and Surgery**  
108/110

Discussion of an experimental thesis entitled “Lymphnode treatment of oral squamous cell carcinoma” (Prof. M. Politi)

University of Udine, Italy  
1989-1996

11/2000

**Specialty in Ear, Nose and Throat  
(ENT) - Otorhinolaryngology**

70/70 (Summa cum Laude)

University of Udine, Italy  
1996-2000

Discussion of an experimental thesis entitled “ External Dacryocistectomy vs Internal Dacryocistectomy” (Prof. A. Ferlito)

10/2004

**Diploma in Aesthetic Medicine**

30/30 (Summa cum Laude)

University of Rome, Italy  
2000-2004

Discussion of an experimental thesis entitled “ Treatment of acne and seborrheic skin with sulphur thermal water and mud” (Prof. C.A. Bartoletti)

03/2009

**Specialty in Thermal Medicine**  
70/70 (Summa cum Laude)  
University of Milan, Italy  
2004-2009

Discussion of an experimental thesis entitled "Study of mucociliar transport on patients affected by chronic rhinosynusitis treated with sulphur inhalation therapy vs control" (Prof. G. Nappi)

2013-2015

**Attended courses on ozone-therapy** held by University of Siena, Italy  
Prof.ssa Emma Borrelli

2013-2014-2015

**Expert on Psico-neuro-endocrine-immunology (PNEI)** attending courses at Open Academy of Medicine –Mestre- Venice , Italy  
Ing. D. Boschiero,  
Prof. G.P. Chrousos.  
Prof.ssa F. Ippoliti

2017

**Annual course on Anti-Aging e Preventive Medicine** held by AMIA School – Milan, Italy  
Prof. D. Galimberti

2018

Certificate  
**HEALTH NUTRITIONAL COACH**  
by Divulgacion Dinamica

I've participated to more than one hundred of meeting, congress and workshop in Italy and abroad also as a speaker and chairman.

**PERSONAL SKILLS  
AND COMPETENCES**

MOTHER TONGUE

**ITALIAN**

OTHER LANGUAGES

- Reading skills
- Writing skills
- Verbal skills

**ENGLISH**  
excellent  
good  
good

- Reading skills
- Writing skills
- Verbal skills

**SPANISH**  
basic  
basic  
basic

- Reading skills
- Writing skills
- Verbal skills

**French**  
basic  
basic  
basic

## ADDITIONAL INFORMATION

Author and Co-author in the following scientific articles:

- 1) **"Rehabilitative treatment in algo-dysfunctional syndrome of temporomandibular joint (TMJ)".** C. de Filippis, L. Osti, E. De Nobili, G. Giacomini. Abstract del XXXI Congresso nazionale della Società Italiana di Foniatria e Logopedia - Roma 16-19 aprile 1997. (Relatore della comunicazione)
- 2) **"Pharyngo-oesophageal tract in patient with tracheo-oesophageal voice".** C. de Filippis, E. De Nobili, C. Sacilotto, A. Csillaghy, A. Staffieri. Abstract del 84° Congresso nazionale della Società Italiana di Otorinolaringologia e Chirurgia Cervico-Facciale - S. Vincent 28-31 maggio 1997.
- 3) **"Rehabilitative treatment in algo-dysfunctional syndrome of temporomandibular joint (TMJ)".** C. de Filippis, L. Osti, R. Osti, G. Marioni, E. De Nobili, G. Giacomini. Acta Phoniatria Latina, 1997.
- 4) **"Swallowing in neurologic disorders".** C. Miani, A. Bergamin, E. De Nobili. Comunicazione al Convegno di aggiornamento in ORL, Società Medica del Friuli Udine, 11 febbraio 1998.
- 5) **"Non surgical treatment in algo-dysfunctional syndrome of temporomandibular joint (TMJ)".** L. Di Lorenzo, R. Gimigliano, D. De Angelis, G. de Sena, E. De Nobili, G. Longi - Comunicazione al XXVIII Congresso Nazionale SIMFER "La riabilitazione nel 3° millennio" – Napoli, 5-7 ottobre 2000.
- 6) **"Conradi-Hunermann Syndrome with otological manifestations. A case report".** B. Pardu, AL. Csillaghy, E. De Nobili, C. Sacilotto – Poster al Congresso SIDEV Interregionale Triveneto, Emilia-Romagna e Marche" Sezione Nord-Est. Udine, 20-21 ottobre 2000.
- 7) **"Oral an IV Lidocain Infusion in tinnitus treatment: double blind pharmacocynetic and pharmacodynamic study".** C. Sacilotto, A. Csillaghy, M. Baraldo, E. De Nobili, P. Passon. – Poster al LXXXIX Congresso Nazionale SIO, Colli del Tronto (AP), 22-25 maggio 2002.
- 8) **"Treating Rhinogen hypoacusia in children with spa therapies".** E. De Nobili. Articolo sul giornale "Formazione Medica", numero 2, luglio 2004.

- 9) **“Sulphur spa therapies in the treatment of chronic inflammation of upper respiratory airways”**. E. De Nobili. Articolo sul giornale “Formazione Medica”, numero 3 settembre 2004.
- 10) **“Efficacy of Politzer treatment vs Politzer + Otovent in patients affected by tubaric dysfunction and secretive otitis”**. E. De Nobili, A.M. Bellomo. Medicina e Clinica Termale, n°64: 30-34; 2008.
- 11) **“Fybromyalgia Syndrome and SPA therapy: myth or reality?”** G.M. Guidelli, S. Tenti, E. De Nobili, A. Fioravanti. Clin Med Insights Arthritis and Musculoskeletal Disorders. n.5: 19-26; 2012.
- 12) **“Vetriolo's (Trentino, Italy) thermal water modulate the negative effect of interleukin-1 $\beta$  in human osteoarthritic chondrocytes”** A. Fioravanti, S. Tenti, A. Lamboglia, E. De Nobili, N. Pascarelli, E Moretti, P. Manica, G. Collodel. Poster al 38th WORLD CONGRESS OF ISMH Hotel Balneario de Lanjarón, Granada (Spagna), 20-23 June 2012.

Member of the following associations  
and organizations:

**AMIA** (Italian Society Anti-Aging-Medicine) 09/2016  
**American Academy of Integrative Medicine** 08/2016  
**European Lifestyle Medicine Association** 08/2016  
**POTENZIATTIVA** (Italian Society of Human Enhancement): 10/2014  
**SIOeCHF** (Italian Society of Otorhinolaryngology): since 11/1996  
**NUOVA-FIO** (Italian Federation of Oxygen Ozone Therapy): since 12/2013  
**SIME** (Italian Society of Aesthetic Medicine): since 2000

